

Welcome to Phillips Ave Elementary **Physical Education**

Physical Education Teachers:

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Dear Parents,

At Phillips Avenue, our goal in physical education is for everyone to learn to make healthy choices and feel successful when participating in a variety of activities. This enables students to develop a positive attitude toward physical activity and to develop healthy habits, which will hopefully continue throughout their lives. Students will be encouraged to have fun and enjoy PE. They will also be encouraged to participate to the best of their ability in a wide variety of activities. At the elementary level, specific skills are taught so that students will be able to pursue competitive sports as well as lifetime sports. We strive to give a quality physical education program that provides students the opportunity to learn meaningful content, provide appropriate instruction, and have enjoyable experiences. We will meet the needs and interests of all students during physical education.

Your child will have physical education twice a week. Please have your child wear athletic clothes and shoes on physical education days. Your child will not be able to participate in physical education without the proper athletic shoes. Thank you for your support. We are incredibly excited for the 2017-2018 school year!

Please feel free to contact us with any questions or concerns.
(631) 369-6786

Thank you,

The Phillips Avenue PE Department

Yearly Overview

Month	Units
September	<ul style="list-style-type: none">• Gym Rules/Procedures• Fitness Pre-Assessments• Loco-motor Movements
October	<ul style="list-style-type: none">• Underhand toss• Fitness Playground• Gaga Ball• Soccer
November	<ul style="list-style-type: none">• Overhand Throwing• Football• Fitness
December	<ul style="list-style-type: none">• Basketball• Holiday Activities
January	<ul style="list-style-type: none">• Fitness Stations• Obstacle Course
February	<ul style="list-style-type: none">• Scooter Soccer• Scooter Hockey
March	<ul style="list-style-type: none">• Underhand Roll• Bowling• Parachute
April	<ul style="list-style-type: none">• Broom Ball• Parachute
May	<ul style="list-style-type: none">• Circus Arts• Field Day Preparation
June	<ul style="list-style-type: none">• Cooperative Games• Fitness Post-Assessments

Playground Rules and Procedures

- Show respect for others and follow instructions given by supervisors.
- Always get permission from a supervisor to enter the school.
- Tag and other chasing games are not allowed.
- Refrain from eating or chewing gum.
- Stay off trees, planters, railings, drain pipes, and poles.
- Leave rocks, bark, sticks and other dangerous objects alone.
- When you drop from the bars or ropes make sure you have enough room to not hit the equipment and hurt yourself. Bend your knees, land on both feet and don't touch others.
- On the slide equipment, slide down; it's one-way only
- Use equipment safely, sensibly and appropriately.
- Keep your hands feet to yourself. Physical contact and verbal abuser are not permitted