

# Riverhead Middle School

## Physical Education

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### Student Expectations

1. Students must arrive to the gym on time for class.
2. If a student is consistently late, we will follow the RMS lateness tracking form.
3. Students must wear sneakers and athletic clothing to every PE class. Students are not permitted to wear the clothing they wore to school, they **MUST** change.
4. Students must follow the RMS dress code during PE class.
5. Students who do not dress for PE class will receive an “unprepared” for that class. An “unprepared” is minus 5 points.
6. If a student is medically excused from class, a doctor’s note must be submitted to the nurse’s office. The student will be required to do a written assignment. The written assignment can be on fitness/health/nutrition or sports.
7. If you have a note written from a parent saying the student is not feeling well, the student will be able to sit out during that class, but the student is required to do a written assignment to get class credit. The student must bring the note to the nurse **prior** to PE class so the nurse can sign it. A parent note is valid for **ONE** class only.
8. If a student misses class for any reason a written assignment will be given (**SEE # 4 BELOW**). The written assignment **MUST** be handed in the following PE class. Late assignment will **NOT** be accepted, **NO EXCEPTIONS!**

### How will my Student be Graded in PE?

1. Students will be graded on participation and effort. If a student changes and participates during the whole class period they will receive full credit.
2. If a student does not participate and does not cooperate they will see a reduction in their final grade.
3. If you have questions or concerns about grades please contact your child’s teacher.
4. It is the students responsibility to hand in written assignments the following class. The teacher will not remind students individually. Written assignment will **NOT** be accepted late. *Written assignments are **only** when a student misses class for the following reasons: **ISS, OSS, Lessons, Guidance, Nurse, CAP, Conflict Mediation, Field Trips & Student Support Services.***
5. All students will be given a locker and a lock. The students are responsible for their locks, if a lock is lost or stolen there will be a fee of \$7.50.
6. If you have any questions or concerns about grades please contact your child’s teacher.

Thank you for your cooperation and support. If we can be of any assistance, please feel free to contact us.

PARENT SIGNATURE: \_\_\_\_\_ STUDENT SIGNATURE: \_\_\_\_\_